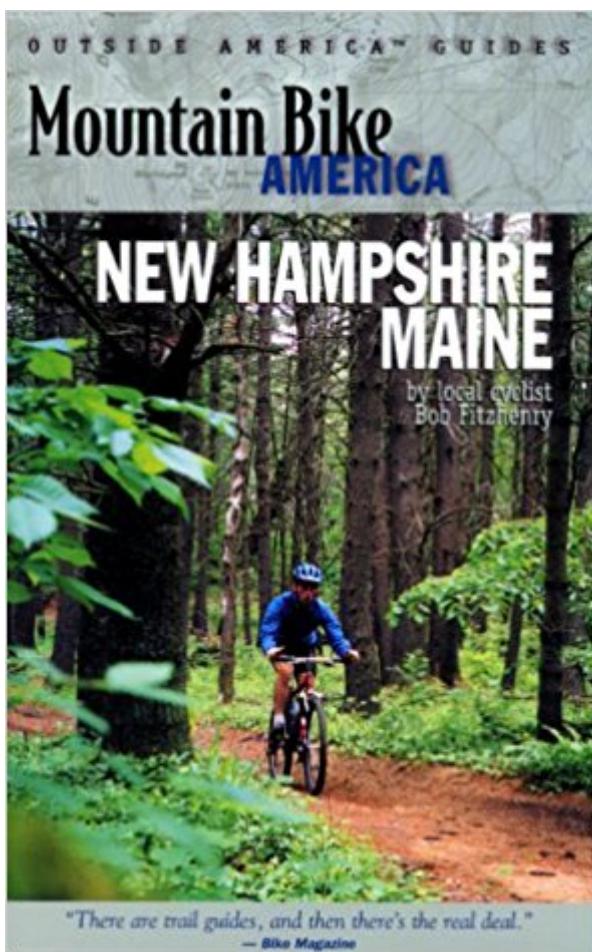


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# Mountain Bike America: New Hampshire/Maine: An Atlas Of New Hampshire And Souther Maine's Greatest Off-Road Bicycle Rides (Mountain Bike America Guides)



## Synopsis

You're a mountain biker, so you know how hard it is to work your way out of a rut in the trail. It's quite another thing to work your way out of the lifestyle rut that comes from riding past the same tired scenery over and over again. Whether you live in New England or are just visiting, open up your eyes, your lungs, and your mind to more than 40 new loops through the greatest forests in New Hampshire and Maine. These rides were chosen with diversity in mind, allowing everyone-from the insanely hardcore to those toting a babe in a bike trailer-the opportunity to see all that this region has to offer. Somewhere there's a ride just for you. Enjoy your search. From this book you can expect exhaustive and comprehensive trail descriptions, from beginner to advanced. GPS-quality, digitally designed relief maps detailing each ride and accurate route profiles showing the ups and downs of each ride. In addition detailed directions get you to the ride without getting you lost. Detailed mile-by-mile directional cues are also provided with difficulty ratings, elevation gain, trail contacts, and much more.

## Book Information

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## Customer Reviews

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This is the finest mountain biking guide I've ever read. It gives great information about trails of all abilities, plus tips on local attractions. This type of information is good to all types of mountain bikers, from rabid racers to families on day trips. Along with some of the premier trails in Maine and New Hampshire, such as in Acadia National Park, it gives descriptions of trails off the beaten path, such as that through Jefferson Notch in the White Mountains of New Hampshire. Mr. Fitzhenry also provides local histories of the areas visited (which could be a book in itself) as well as great directions and trail descriptions. This book is good for local New Englanders and those from "away", because Bob did such a good job of finding trails throughout the two states. I highly recommend it.

Excellent! Great selection of trails with a variety of terrain. This guide book provides more pertinent trail information than any other I've read. Particularly helpful is the trail contour plots as well as overlaying trail lines onto accurate topo-maps. The authors writing style is unique causing me to actually read the book cover to cover.

This book has a lot of great info for both seasoned riders and the beginner. The maps, trail directions and descriptions of the rides are just the start. I have rolled over the MT. Agamenticus (Mount A) Pg. 236 trails for years and the author really hits the mark. I can't wait to hit the rest of the trails.

The book is very informative and great for anyone who wants to mountain bike or is already into mountain biking. It also has great pictures, especially page 202.

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